# ADAPTING TO OPPORTUNITIES

# Annual Report **2021 - 2022**



Ashish Foundation for the Differently Abled Charitable Trust

# Contents

| From the Director     | 01 |
|-----------------------|----|
| These are our Moments | 02 |
| Action and Impact     | 03 |
| Values and Beliefs    | 04 |
| Strategy              | 05 |
| Programmes            | 06 |
| Finances              | 11 |
| Donation Form         | 15 |
| Donors                | 17 |
| Human Resources       | 18 |
| Board of Trustees     | 20 |

## Vision

Empowering children and adults with autism to rise to their God given potential in inclusive communities.

## Mission

To sensitise and equip families, communities and organisations to respond and engage productively so that children and adults with autism lead fulfilling lives.

## **Origin & History**

Ashish Foundation for the Differently Abled Charitable Trust (AFDA) was established in 2007 to work with children and young adults with autism and other disabilities. We believe that each individual has the ability and deserves the opportunity to contribute to the society. We mentor families in meeting the specific needs of their children and also mentor several disability-focused organisations across India. We provide training to our staff and other professionals to enhance their skills to work with people with autism and other developmental disabilities.

#### **Registered Office:**

EFICOR 304, Mahatta Tower, B Block Community Centre, Janakpuri, New Delhi - 110 058

#### Correspondence Address :

Ashish Foundation for the Differently Abled (AFDA) Charitable Trust Plot no. 2/13, Sulahkul Vihar, (Behind Sulahkul Mandir) Old Palam Road/ Kakrola, Dwarka, New Delhi – 110078, India Phone: +919667300476/486 E-mail: ashishcentre@gmail.com; admin@ashishfoundation.co.in Website: ashishindia.org Facebook: facebook.com/AshishFoundation

AFDA is registered Trust under Registration No. 1804 dated 27/02/2007

FCRA Registration No. 231661157

80G exemption of the Income Tax Exemption -Unique registration No. AABTA9377MF20218 dated 24-09-2021 valid from AY 2022-23 to AY 2026-27



Best Regards,

Sheila George

## LETTER FROM THE DIRECTOR

Dear Friends,

I am happy to present our Annual Report 2021-2022 with the theme **Adapting to Opportunities.** 

In April 2021 we entered the 15<sup>th</sup> year of the Centre's operations and, though we were still online, we were thankful for the continued opportunity to engage with students. About three weeks later the city government suddenly moved the summer vacation forward. The second wave of the pandemic had hit our city hard, and a lockdown was imposed.

Before students re-joined online classes, we took to the opportunity to continue developing our staff. We reviewed our Vision, Mission, and Core Values. We also held trainings in teaching strategies.

Our opportunities extended beyond our primary task of teaching students. We were able to involve volunteers across India who supported us through online tasks. We were also able to raise awareness about autism among college students.

For the first time ever, we celebrated our much-awaited Annual Day as an online event. The students and their families were given the opportunity to participate by submitting pre-recorded songs, dances, and skits.

Towards the end of the academic year the pandemic situation had improved. Our staff swung into action to prepare to finally receive our students at the Centre. Classrooms were arranged, Individual Development Programme (IDPs) were updated, and we began welcoming our students back in February and March.

Engaging students through online classes during the pandemic was challenging yet rewarding. Virtual learning had become an opportunity to empower parents and to strengthen learning experiences in the home. However, teachers and therapists are all very thankful to meet with students face to face again. We are also very thankful students get much-needed opportunities to be with their peers.

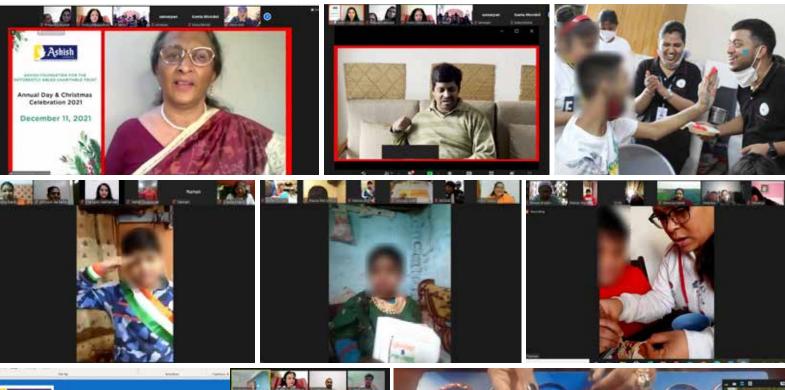
Thank you for journeying with us as partners, donors, parents, students, volunteers, interns, friends and supporters. Most importantly, we thank God for His help and for giving all of us the opportunity to work together so that our students can experience the good things in life.







# THESE ARE OUR MOMENTS











# **ACTION AND IMPACT**

**18 Students** benefitted from the online education during the year.

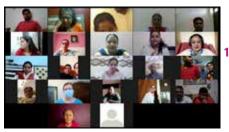
**39 Social learning activities** consisting of class get togethers, festival celebrations and virtual birthday parties.

**26 Panel discussions** with parents. Staff team met with parents to discuss student needs, progress and plans.









**12 Parent and family activities** consisting of PTMs, gettogethers and workshops.



74 University students attended 3 awareness programmes.



**23 Training events** equipped staff in Social Role Valorisation, teaching strategies and values.



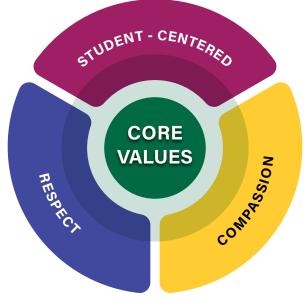
20 Volunteers worked online and in person, providing support to the Centre



2 Social Sciences students interned to conduct research

# VALUES AND BELIEFS





## **Our Beliefs**

- Every student is made in the image of God.
- Every student is made for a purpose.
- Every student has abilities to achieve his or her purpose.
- No student is exempt from giving.
- ✤ We are all uniquely different.

# STRATEGY

Ashish Foundation aims to empower our students, parents, and educators. Students are empowered through Ashish Centre and Ankur. Ashish Centre addresses the holistic learning and development of students from ages 3 to 17. Ankur, the vocational program for adults 18 and above, helps interns to reach their potential through hands-on training in different work skills. Parents and educators are empowered through Advay. The Advay workshops equip parents and professionals to assist children and adults with disabilities. Through Advay we also organise programs to increase awareness on issues of disability so that the wider society becomes more accepting and supportive of persons with disabilities.

#### Ashish Foundation's plans and activities have been drawn out from the Strategic Plan.

- Establishing a model strengthening Ashish and Ankur programs
- Developing tools and platforms to share ideas developing tools and curriculum
- Developing a base of expertise professional capacity-building under the Advay program
- Networking equipping and training other organizations under the Advay program.

Our Finance, Administration and Human Resources roles provide support for our programs to run seamlessly. We have adhered to all statutory requirements with our annual accounts being audited by an external auditor.

## **Policies in place:**

- Employment Policy
- ⊙ Student Protection Policy
- Prevention of Sexual Harassment Policy
- Finance Policy



A middle class student learning days of the week through online classes



A student having an online class in matching pictures

## **Future Plans**

- Outreach programme for poorer communities in Delhi
- Facilitate inclusion of persons with disabilities in the larger community.
- Our Centre to become a model of Social Role Valorization.
- Acquire our own building in a valued location to have all autism services needs met under one roof.
- To explore customised employment for our adult interns
- Network with like-minded organizations in exploring employment opportunities for young adults.
- Build the capacity of individuals and organizations as well as faith-based leaders to respond to autism and other developmental disabilities.
- Raise local funding to sustain our programmes.

## PROGRAMMES

We want our students and other people with disabilities to experience the good things in life. Unfortunately, the good things in life are kept out of their reach when they are overlooked, underestimated, or treated differently than other people. This discrimination is fairly common and can happen in school, the workplace, the community, and the wider society. This kind of treatment makes it difficult for an individual with a disability to lead a life of dignity according to their rights.

In order to give our students, access to a life of dignity, we base our programs on Social Role Valorisation (SRV). Following the SRV approach, we help students develop valued roles in the community such as chef, gardening enthusiast, neighbour, household member, artist and employee. Valued roles give people access to more opportunities and relationships. They also help others recognise the person's contribution as he or she participates in community life. Valued roles highlight the ways that people with and without disabilities are alike. Through valued roles our students come to enjoy the good things in life and get to contribute to their community and society.

Acquiring valued roles involves learning skills. Individual Development Plans (IDPs) for each student take into account the student's specific learning needs and the roles they are developing. IDPs also include topics that are taught to the students' peers in regular schools. This gives students a more well-rounded exposure to the world and makes their school experience closer to that of their peers.



Vocational intern learning the skill of assembling.



A parent working with his son through online class

# The story about the teaching and learning materials (TLMs)

During online classes, the teaching and learning materials (TLMs) had to be made for each student and sent to their homes. Using recycled containers, plastic sheets, and other available materials, teachers developed attractive and creative TLMs for each student. They made choice boards, visual schedules, worksheets, sorting trays, flashcards, and packaging sets. Each student's personalised set of TLMs was delivered at the beginning of each quarter. Teachers also created digital TLMs each week. Parents were very appreciative of their effort and creativity.



Teachers preparing TLMs for students

As was the case with most of their peers in typical schools, our 18 students had the opportunity to continue learning through online classes. This being the second year of the online format, parents and students both were quite familiar with it. Parents and caregivers grew in their own teaching skills as they accompanied students during the online classes.

Occupational therapy has many benefits for a student's daily life activities, including the development of fine and gross motor skills, posture and balance, and sensory experiences. Given that most students' physical activity was very limited during the pandemic, occupational therapy sessions were an important opportunity to foster their physical well-being. Two to three times a week students and parents were guided through a series of activities and exercises tailored to each student's needs.



A parent carrying out Occupational Therapy for his son following instructions online by our occupational therapist.



Social interaction is a key part of holistic development. In a season of very limited in-person interaction, online group activities provided a significant opportunity to maintain and develop personal relationships. Online get-togethers were held weekly, often themed around different holidays or festivals. Birthday celebrations were another important chance to connect with peers. Before siblings' schools opened up, many of them also joined in the fun of the online get-togethers.

Students doing a craft activity during an online Get-together with their peers.

Parents who are raising children with autism or other developmental disabilities can face different challenges. Understanding this, we seek to support them even at a distance. Emotional support and guidance was provided through one-on-one conversations and panel discussions with staff. Even through online means, we sought to provide a space where they could come away from their everyday lives to relax and rejuvenate. In our two online parent gettogethers there were discussions, games, and interaction with other parents in similar situations. We were glad to offer the opportunity for parents to connect with each other.



#### Mehndi's story

Mehndi enjoyed coming to the Ashish Centre since 2018 when she joined at the age of 9. She loved to make friends with everyone at the Centre. With the regular physiotherapy provided at the Centre she was able to walk around independently. Mehndi enthusiastically participated in all the activities. Then the Covid Pandemic hit.

Mehndi's family was hit hard. Her father Nazim Khan, a bangle vendor, lost his livelihood. Her mother Sharmila also lost her job in an investmAent company. Mehndi's older sisters Kesar and Reshma had to attend online classes with only one device available between them. That made it next to impossible for Mehndi to have an online class. The lock down confined Mehndi to her home, with no regular physiotherapy her limbs became weak and she could not walk.

When Sharmila finally found employment, she first bought a mobile on loan to resume online classes for Mehndi. In the classes the teachers noticed that, sadly, Mehndi had lost her ability to walk. Although there were online therapy sessions, it was clear that Mehndi needed more intense intervention. When in-person classes opened up Mehndi began receiving daily physiotherapy again. As her muscles became stronger, she began to walk independently once more!

## **Ashish Centre**

Through the Ashish Centre we serve children ages 3-17 who have autism and other developmental disabilities. Throughout the 2021-2022 academic session, Ashish Centre teachers continued with online individualised classes and group for our students. Individualised Development Plans (IDPs) were planned for each student, based on the different roles that they were developing. We followed the principle of the Culturally Valued Analogue (CVA) as typical age-appropriate subjects were included in students' learning. This included science experiments, getting to know different famous people and places, and exposure to current events.

We continued teaching other essential skills such as identification and communication activities, math, sight reading, matching and sorting. Living skills such as cooking, cleaning, sorting clothes and other household chores were also part of the curriculum. Pre-vocational skills and computer skills like typing and internet searches were in the IDPs of older students. Finally, in March, daily in-person classes recommenced for students whose parents were willing to send them to our Centre. Online classes remained an option for the other families.

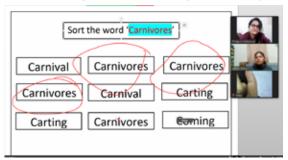
Social interaction for all students was promoted through the weekly themed online get-togethers. The get-togethers involved games, cooking, crafts, and music. There were 39 student gettogethers throughout the year including Mother's Day, Father's Day, Independence Day, Gandhi Jayanthi, Diwali, Children's Day, and Republic Day. Students' birthdays were also celebrated. These get-togethers were an invaluable opportunity for students to maintain social connections with the other students and staff at Ashish Centre.



A middle class student making a snack



A student learning about fractions through a craft activity



Online class on English in progress

#### Meera's story

Meera enjoyed watching videos, listening to Hindi songs, and playing with her teddy and her teapot. Frocks are her favourite thing to wear, and dancing with her friends is a favourite pastime. When Meera started online classes last April, she could not sit even for 5 minutes through the classes. Her teacher Anju patiently started engaging with her to capture her attention. Gradually, Meera started sitting through her whole class and following the activities with growing interest. The oneon-one attention she got each day helped her engage in a variety of age-appropriate activities like painting and food preparation. At home everyone is encouraged by Meera's



progress, and they say she is expressing more clearly what she wants. When it comes to snacks, that's chips and spicy 'fruit chaat!'

## **ANKUR PROGRAMME**

The Ankur Vocational Program, for adult interns above 18 years, was online for most of the year. Every learning goal in the interns' Individual Development Plan (IDP) was connected to a valued role that they are developing. Many goals related to work skills for employment in an office setting: filing, sorting, sequencing and data entry based on their interests and abilities. To promote independence, we addressed daily life skills, such as cooking, clothing sorting and folding, community awareness and safety skills, and consumer math. Through exposure to current events and the significant places and people of the country, the interns developed their role as a citizen.



Money identification by an intern



A student intern kneading ingredients for cooking

Panel discussion with parents of an intern in progress

#### Neha

Kind-hearted Neha was thrilled to graduate to the Vocational Classes in October 2021. This milestone was celebrated with an online ceremony just for her, complete with a cap and gown. Classmates expressed their love for her, and Neha listened attentively while teachers shared their memories.

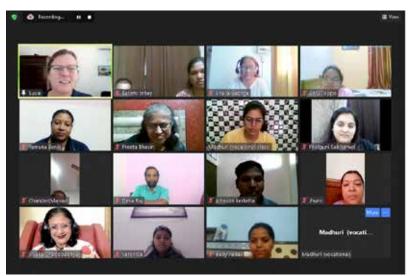
Neha joined Ashish Centre at the age of 12. Neha's mother, while enrolling her in Ashish Centre, said that Neha could not even dress herself independently. She would wait for her mother to come and help her. Neha needed to learn to do things herself. In her first days at Ashish, when Neha hesitated to pick up the ball while playing, the teachers would gently instruct and wait patiently until she tried to do it. If needed they would come up to her and give her some help. The patience and composure they showed for her was remarkable and encouraging at the same time.



Neha can now do a lot of activities independently. While in Ashish Centre she played with her friends participated in sports, and enjoyed conversations with her favourite teachers. She faithfully attended online classes and was among the first students to return when in-person classes recommenced. Neha continues to develop independence, show initiative, and learn new skills. She is learning to make different products and desires to train as a beautician.

## **ADVAY TRAININGS**

Advay Trainings exists to support and train parents, teachers and other professionals who support children and adults with developmental disabilities and autism. In this academic year there were a total of 12 parent and family activities including PTMs, get-togethers and workshops. There were 26 panel discussions, which are individual meetings of parents with the teaching team. These were times to discuss progress, challenges and needs of the students. In the pandemic season, more than ever before, parents and teachers were partnering together for the growth of the students. Sometimes older siblings attended when parent work schedules made it difficult to join. It was encouraging to



Parents participating in a workshop

see these young adults support their younger siblings. We also had two get togethers for the siblings of our students to encourage them and appreciate them. Parents also sought counselling sessions to cope with their stresses and challenges.

There were 3 online workshops for parents. Growth Mindsets challenged parents to remove the limits of our own expectations for students. Power of Words helped us see how to speak to and about our students in a way that builds them up. In the workshop Empowering through Choices parents learned ways they could promote autonomy and self-advocacy in the daily choices they gave their children. Parents expressed that these topics were helpful in relating to their children, and they were both challenged and encouraged.



A get together activity on the occasion of Teacher's day

We had two online workshops during the Autism Awareness Month for Symbiosis University, Pune, and Ramanujan College, New Delhi. The focus was on increasing their understanding of autism in particular, and in general encouraging them to develop friendships with persons with disabilities. In August 2021, we also had an online awareness presentation on autism for the students of IIT Bombay. The 75 total students who attended these online workshops were challenged to support persons with disabilities on their campuses.

#### A parent shares her experiences about Ashish Centre

Mrs. Pavneet Sandhu says about Ashish Centre that she appreciates all the efforts taken by Ashish Centre in teaching her daughter online currently, even though they had left Delhi. The Centre has taken all the efforts to ensure that her instructional learning is suited to her needs. She has started learning how to use computers and type. Her daughter is enjoying the science experiments and learning what it means to be as a citizen of India.



Mrs. Pavneet Sandhu sharing he experiences

# FINANCIAL

| Ashish Foundation For The Differently Abled Charitable Trust<br>304, Mahatta Tower, 54, B-Block, Community Centre, Janakpuri, New Delhi - 110058<br>Consolidated Balance Sheet<br>As on 31st March 2022 |  |                 |               |            |  |  |  |
|---|--|-----------------|---------------|------------|--|--|--|
| S.No  | Particulars  | SCHEDULES       | 31.3.2022     | 31.03.2021 |  |  |  |
|   | Funds & Liabilities  |                 |               |            |  |  |  |
| ı   | General Fund   | C1              | 22,09,370     | 5,70,157   |  |  |  |
| н   | Unutilised FCRA Funds  |                 | 40,28,873     | 20,624     |  |  |  |
| ш   | Unutilised Restricted Local Funds                              | C1              | 3,80,620      | 13,43,364  |  |  |  |
| ıv  | Current liabilities  | C1              | 66,822        | 13,20,912  |  |  |  |
|   | <u>Assets</u>  |                 | 66,85,685     | 32,55,057  |  |  |  |
| v   | Fixed Assets   | C2              | 10,28,407     | 11,33,263  |  |  |  |
| vi  | Security Deposits (Rent)                                       |                 | 1,00,000      | 1,00,000   |  |  |  |
| VII   | Advance for TDS  |                 |               | 12,690     |  |  |  |
| VIII  | Cash and cash equivalents                                      | С8              | 55,55,628     | 20,06,704  |  |  |  |
| іх  | TDS receivable   |                 | 1,650         | 2,400      |  |  |  |
|   |  |                 | 66,85,685     | 32,55,057  |  |  |  |
|   | ns of our report of even date attached<br>to accounts- Sch C14 |                 |               |            |  |  |  |
|   | shi & George Ashish Foundation for                             | the Differently | Abled Charita | ble Trust  |  |  |  |
|   | red Accountants  |                 |               |            |  |  |  |
| (Reg.No.003926N)  |  |                 |               |            |  |  |  |
| C. Koster Start Rew Delhi E New Delhi E New Delhi E   |  |                 |               |            |  |  |  |
| George Koshi Sheila George 🔏 🥱 Kamal Sharma   |  |                 |               |            |  |  |  |
| Partner Chief Functionary Treasurer   |  |                 |               |            |  |  |  |
| M.No.082961<br>UDIN : 22082961ARVYMT8382  |  |                 |               |            |  |  |  |
| New Delhi   |  |                 |               |            |  |  |  |
| 12.09.2022  |  |                 |               |            |  |  |  |

# FINANCIAL

| _  | Ashish Foundation For The Differently A                       | blad Charitab   | lo Truct        |            |  |  |
|--|---|-----------------|-----------------|------------|--|--|
|  | 304, Mahatta Tower, 54, B-Block, Community Centre             |                 |                 | 059        |  |  |
|  | Consolidated Income and Expend                                |                 |                 | 038        |  |  |
|  | For Year Ended 31st Marc                                      |                 | 5               |            |  |  |
|  |   |                 | Year ended      | Year ended |  |  |
| S.No   | Particulars   | SCHEDULES       | 31.03.2022      | 31.03.2021 |  |  |
| I  | Income  |                 | SILUSIEUEE      | 51.05.2021 |  |  |
|  | Voluntary Contributions & Donations                           |                 | 1,26,44,392     | 68,94,617  |  |  |
|  | Bank Interest   |                 | 1,09,410        | 29,801     |  |  |
|  | Profit on sale of assest                                      |                 | 20,224          | 25,001     |  |  |
|  | Front on sale of assest                                       |                 | 20,224          |            |  |  |
|  | Excess of expenditure over income transferred to General Fund |                 | -               | 3,60,242   |  |  |
|  |   |                 | 1,27,74,026     | 72,84,660  |  |  |
| п  | Expenditure   |                 |                 |            |  |  |
|  | Special Education Project                                     | C3              | 33,57,687       | 35,16,712  |  |  |
|  | Ankur Project - Vocational                                    | C4              | 24,22,313       | 16,50,260  |  |  |
|  | Physio and Occupational Therapy                               | C5              | 5,83,400        | 5,93,599   |  |  |
|  | Speech Therapy  | C6              | 42,500          | 40,000     |  |  |
|  | Administration Expenses                                       | C7              | 13,98,220       | 12,55,749  |  |  |
|  | Depreciation  | C2              | 2,85,188        | 2,28,340   |  |  |
|  | Excess of income over expenditure                             |                 | 46,84,718       |            |  |  |
|  | Total   |                 | 1,27,74,026     | 72,84,660  |  |  |
| In teri  | ns of our report of even date attached                        |                 |                 |            |  |  |
| For Ko   | shi & George Ashish Foundation for the                        | Differently Abl | ed Charitable T | rust       |  |  |
| Charte   | ered Accountants  | aritabi         |                 |            |  |  |
| (Reg.N   |   | namab           |                 |            |  |  |
| C. Hoshi (New Delhi) & Rubhuff II New Delhi E 11, 180- |   |                 |                 |            |  |  |
| George Koshi Sheha George Kamal Sharma                 |   |                 |                 |            |  |  |
| Partner Chief Functionary * Treasurer                  |   |                 |                 |            |  |  |
| M.No.082961  |   |                 |                 |            |  |  |
| UDIN : 22082961ARVYMT8382                              |   |                 |                 |            |  |  |
| New [  |   |                 |                 |            |  |  |
| 12.09  | 2022  |                 |                 |            |  |  |

## **FINANCIAL**

|      | Ashish Foundation For The Differ<br>304, Mahatta Tower, 54, B-Block, Communit<br>Consolidated Receipts ar<br>For Year Ended 31 | ty Centre, Janak<br>nd Payment Ac | kpuri, New Delhi -<br>count | 110058    |
|------|--|-----------------------------------|-----------------------------|-----------|
| S.No | Particulars  | Year ended 31.03.2022             | Year ended 31.03.2021       |           |
| L    | Receipts   |                                   |                             |           |
|      | OPENING BALANCE :-   |                                   |                             |           |
|      | Cash and cash equivalents  | C8                                | 20,06,704                   | 8,94,36   |
|      | Voluntary Contributions & Donations  |                                   | 1,26,44,392                 | 68,94,61  |
|      | Sale of asset  |                                   | 1,01,185                    |           |
|      | Bank Interest  |                                   | 1,09,410                    | 29,80     |
|      | Salary payable   |                                   | -                           | 10,30,61  |
|      | Expenses payable   |                                   | -                           | 2,25,81   |
|      | TDS refund   |                                   | 750                         | -         |
|      | TDS payable  | I L                               | 23,203                      | -         |
|      |  | 1 E                               | 1,48,85,645                 | 90,75,21  |
| н    | Payments   | I [                               |                             |           |
|      | Special Education Project  | C9                                | \$38,65,180                 | 35,24,58  |
|      | Ankur Project - Vocational   | C10                               | 29,12,504                   | 16,53,859 |
|      | Physid and Occupational Therapy  | C11                               | 5,83,400                    | 5,93,59   |
|      | Speech Therapy   | C12                               | 42,500                      | 40,00     |
|      | Administration Expenses  | C13                               | 14,39,329                   | 12,56,46  |
|      | Creditors  |                                   | 2,25,810                    | -         |
|      | Fixed Assets Additions   |                                   |                             |           |
|      | Computers & Laptops  |                                   | 2,14,600                    | -         |
|      | Office Equipments  |                                   | 46,694                      | -         |
|      | CLOSING BALANCE :-   |                                   |                             |           |
|      | Cash and cash equivalents  | C8                                |                             |           |
|      | Union Bank of India  |                                   | 15,20,988                   | 19,78,60  |
|      | Union Bank of India - FCRA Utilization Account   |                                   | 4,14,987                    | 20,62     |
|      | State Bank of India - Designated FCRA Account  |                                   | 36,13,885                   | -         |
|      | Cash-in-hand   |                                   | 5,768                       | 7,47      |
|      |  |                                   | 1,48,85,645                 | 90,75,21  |

In terms of our report of even date attached

For Koshi & George

(Reg.No.003926N)

George Koshi

M.No.082961

New Delhi 12.09.2022

Partner

Chartered Accountants

Ashish Foundation for the Differently Abled Charitable Trust naritab GE 8 New Delhi Tu New Delhi 11 Sheila George Kamal Sharma **Chief Functionary** Treasurer UDIN: 22082961ARVYMT8382

## **Expenditure in 2021-2022**

42% Ashish Center Early intervention Project

30% Ankur Project - Vocational

7% Physio and Occupational Therapy 1% Speech Therapy

17% Administration Expenses

4% Depreciation

## Expenditure in 2020-2021

48% Ashish Center Early intervention Project

23% Ankur Project - Vocational

8% Physio and Occupational Therapy

1% Speech Therapy

**17% Administration Expenses** 

3% Depreciation

#### Notes on accounts

The Financial Statements have been prepared on historical cost basis and generally in accordance with the cash method of accounting except in case of salaries, consultancy and rental payments which has been accounted for on accrual basis.

Fixed assets are stated at cost less depreciation.

Separate books of accounts are maintained for Foreign and Local contributions

#### **Our Auditors:**

Koshi & George B-1/ # 3&4, CSC, 1<sup>st</sup> Floor, Vasant Kunj, New Delhi - 110 070

#### Our Bankers: Foreign contributions account:

State Bank of India Account No. 40038510873 Parliament Street New Delhi 110001

#### Foreign contributions Utilisation account -

Union Bank of India Account No. -126710011001803 C -595, Opposite PVR, Vikaspuri, New Delhi – 110018

#### Indian contributions -

Union Bank of India Account No. -126710011001802 C -595, Opposite PVR, Vikaspuri, New Delhi – 110018

# **DONATION WITHIN INDIA - JOIN US**

## Support our students and young adults with autism to reach their full potential!



### Online donation by NEFT/RTGS Ashish Foundation of the Differently Abled (AFDA) Charitable Trust Account Number – 126710011001802 Union Bank of India – Vikaspuri Branch, New Delhi – 110018 IFSC Code – UBIN0812676

**Cheque donations** 

You can donate cheque in favour of 'AFDA Charitable Trust' to the following address: Ashish Foundation of the Differently Abled (AFDA) Charitable Trust, 2/13 Sulakhul Vihar, Old Palam Road/Kakrola Road, Dwarka, New Delhi – 110078. Phone: 9667300476

or

Kindly send an email to ashishcentre@gmail.com giving the transaction details.

## **Donation Form**

| S.no. | Cause   | Cost Per<br>Unit | Number of units | Total<br>C x D=E |  |
|-------|---|------------------|-----------------|------------------|--|
| Α     | В   | С                | D               | Е                |  |
| 1.    | Cost of Vocational supplies for a student for a year            | Rs.2500/-        |                 |                  |  |
| 2.    | Cost of teaching materials for a student for a year             | Rs.2000          |                 |                  |  |
| 3.    | Cost of school supplies for a student for a year                | Rs.1000/-        |                 |                  |  |
| 4.    | Cost of online classes for a student per month                  | Rs.5000/-        |                 |                  |  |
| 5.    | Cost of Physio and occupational therapy for a student per month | Rs.1000/-        |                 |                  |  |
| 6.    | Cost of speech therapy for a student per month                  | Rs.2400/-        |                 |                  |  |
|       | Total   |                  |                 |                  |  |

80G Exemption approval of Income Tax vide Document Identification Number - AABTA9377MF2021801 having Unique Registration Number - AABTA9377MF20218

Please fill the form on both sides and enclosing the cheque and forward to our address on the next page

#### Please turn over for overseas donations

# **DONATIONS FROM OVERSEAS**

#### ONLINE

http://give.thriveglobalconsulting.org/ashish

BANK TRANSFER/ONLINE DEBIT/CREDIT Bank name: State Bank of India IFSC code: SBIN0000691 SWIFT/BIC code: SBININBB104 Account currency : INR FCRA account number: 40038510873 Organisation's name: Ashish Foundation for the Differently Abled (AFDA) Charitable Trust.

#### CHEQUES

**Cheques** - made out to "Thrive Global Consulting" with "Ashish" on the memo line.

Please mail to Thrive Global Consulting, P.O. Box 1166, Wheaton, IL 60187, USA. (So that a tax-deductible receipt can be issued, 100% of all the gifts to Thrive are given to the work in India.)

Please also send us a brief notification email to ensure we keep you updated with the latest news from AFDA. Thank you!

## **Donation Form**

| Yes, I would like to contribute Rs  |   |
|-------------------------------------|---|
| (Rupees                             |   |
|                                     | in words)   |
| Every Month Quarterly               | Half Yearly One Time  |
| Name                                |   |
|                                     |   |
|                                     | Email   |
| Please detach this form and send a  | long with your cheque in favour of "AFDA Charitable Trust" to the address given |
| below or you can make an online c   | lonation (Indian) by NEFT/RTGS to Union Bank of India - Vikaspuri, New Delhi,   |
| Account Number - 12671001100        | <b>1802,</b> IFSC Code - UBIN0812676 followed by email with above information   |
| and transaction details to ashishce | ntre@gmail.com.   |

#### Address:

Ashish Foundation (AFDA) Charitable Trust , 2/13 Sulahkul Vihar, Old Palam Road, Kakrola, Dwarka, New Delhi – 110078, Phone: 9667300476/486

# **OUR DONORS AND PARTNERS**

We thank all our donors and supporters who stood with us through the past year We appreciate your generous contributions.



## Our supporters share their thoughts

"Few know or understand the disproportionate impact that the COVID pandemic has had on the community of people with disabilities, including those serving them like the Ashish Foundation. We have long admired the work that Geeta, Sheila and team have done to empower students with autism and developmental disabilities, so it was our privilege and blessing to be able to support them through this time of crisis through our contribution."

- Sarika Agrawal and Rajesh Radhakrishnan, Sunnyvale, California, USA

## **Major Donors**

- Bridge Connectivity Solution Private Limited
- Christian Educational Society
- Foundation for International Research and Education
- NASSCOM Foundation
- Rural India Support Trust
- Thrive Global Consulting

## Individuals

- Alvina Kathleen Vincent
- Kalyan Sahu
- Jeyachandran L.T.
- Roshan Idukulay
- Supriya Guha

## **HUMAN RESOURCES**



Our Staff Team

We cannot serve our students, their families, and the wider society without our dedicated staff! Each of our staff are committed to the welfare of our students and furthering our mission to help them lead fulfilling lives. We invest a lot of our time and effort to equip our staff through workshops and trainings so they can be more effective in their roles.

In line with our values, our dedicated staff works to show compassion and respect and to seek the students' best interest. In the online setting they communicated regularly with parents to make students' learning successful and to provide encouragement and support as needed.

Throughout the year there were numerous opportunities for professional development. Different staff attended a total of 23 professional development trainings. Three trainings were focused on our Centre's commitment to values-based framework for everyday decision-making. In March we had the last training of the year organised by Keystone Institute, India. It was a three-day workshop to facilitate futures-planning for our students. The 15 staff members who attended learned how to work with a student and their circle of support to envision what can be possible in a student's future. The collaborative process, called PATH, helps students and their circle of support take practical steps towards attaining valued roles and a bright future.



Celebrating Women's day



Staff participating in a game during Teacher's day

#### Madhuri our Special Educator

Madhuri joined as a Special Educator on March 31, 2021. She had learned about us during a month-long internship when she was a student at Ashtavakara Institute. After completing her D.Ed. in (Special Education ASD) she was hoping to work as a special educator when the COVID pandemic hit.

Upon joining Ashish, she was skeptical about taking online classes with vocational interns that she had never met them in person. She quickly learned how to work with them and built up a rapport. She gained experience and also became better equipped by the professional development opportunities offered through Advay.

Madhuri was thrilled when the vocational students finally began coming to the program in person. There were many adjustments and challenges in the transition, but it was completely worth it. "Ashish Foundation has taught me hard work, adjustment and a way of communication. I have seen myself grow during my time here," says Madhuri.

Madhuri is a dancer, a watercolour painter, and a nature photographer. She is also an adventurous cook who tries out new YouTube recipes. She enjoys times of solitude on her rooftop and listening to music.



As a way to care for and appreciate our staff, we celebrated Teacher's Day in person on September 5, 2021, with games and lunch at the centre. Women's Day was observed with cake and a lunch.

Working in the field of special education can be stressful, and life has many challenges, so counselling is available for staff that need some extra encouragement or support.

Besides our staff, we have greatly benefitted from the contributions of volunteers and interns.



Apeejay School of Management, Dwarka volunteers celebrating Holi with our students



# Our volunteer intern speaks

I started working with Ashish Foundation for the Differently Abled (AFDA) on February 2021. The whole experience has been such an eye opening and enlightening one. Starting off as a content writing volunteer, I went onto learn several more skills in the course of the internship with the help of the supervisors who were always willing to give us the time and space to learn and grow. Not only did I develop technical knowledge but also practical knowledge in the field of disability, particularly autism spectrum disorder (ASD). It helped me realize certain internalized stereotypes and helped me break out of them. I complete this internship with a sense of satisfaction for I know that I have truly gained a lot from this journey. This experience has introduced me to the ASD and different aspects of it and in the future, I hope to contribute more.

Thank you, Ashish! Sreelakshmi Thangaroor, Symbiosis University

## **Our Human Resources**

Total no. of staff 19

12 Female Staff

7 Male Staff

2 Female Interns

1 Female consultant

**13 Female Volunteers** 

7 Male Volunteers

Gross salary and benefits to Staff per month

₹ 15,001 - 25,000

Total no. of staff 14

5 Males

9 Females

₹ 25,001 - 40,000

Total no. of staff 2 1 Male 1 Female

#### ₹ 40,001 - 60,000

Total no. of staff 3 1 Male 2 Females

# **BOARD OF TRUSTEES**

The Board of Trustees met three times during the year to plan and discuss the strategy, make future plans, and approve the auditor's appointment, the Budget and audit report for the previous year. The Board of Trustees also ensured that all Statutory compliances and laws were met.

The two Standing Committees - the Finance and Scholarship Committees - made recommendations to the Board of Trustees for approval.

The Board of Trustees comprises of members from diverse fields: education, medicine, information technology, legal, business, social entrepreneurship and finance.

| S. No. | Name                  | Education<br>Qualification | Occupation   | Gender | Position in the Board        | Number<br>of Board<br>Meetings<br>Attended |
|--------|-----------------------|----------------------------|--|--------|------------------------------|--|
| 1.     | Mrs. Geeta Mondol     | B.A./ B.R.E/<br>B.L.Sc.    | Founder – AFDA<br>Charitable Trust                 | Female | Managing Trustee             | 3  |
| 2.     | Mr. Kamal Sharma      | I.C.W.A.I                  | Consultant   | Male   | Treasurer                    | -  |
| 3.     | Mrs. Sheila George    | P.G.D.B.A                  | Director – AFDA<br>Charitable Trust                | Female | Secretary                    | 3  |
| 4.     | Mr. Albo Jason Wilson | B.Com                      | Director - Finance<br>& Administration -<br>EFICOR | Male   | Member -Board of<br>Trustees | 3  |
| 5.     | Dr. Oommen John       | M.B.B.S., M.D.,<br>M.B.A   | Consultant   | Male   | Member -Board of<br>Trustees | -  |
| 6.     | Mrs. Rina Singh       | B.E., M.B.A                | Consultant   | Female | Member -Board of<br>Trustees | 3  |
| 7.     | Mr. Pradeep Phaniraj  | L.L.B                      | Freelancer   | Male   | Member -Board of<br>Trustees | -  |

None of the Board of Trustees are related by blood or through marriage. No remunerations, payments or reimbursements were made for their role as Board of Trustees during the year.



Ashish Foundation for the Differently Abled Charitable Trust (AFDA) Plot no. 2/13, Sulahkul Vihar, (Behind Sulahkul Mandir), Old Palam Road, Kakrola, Dwarka, New Delhi – 110078, India Phone: 9667300476/486 E-mail: ashishcentre@gmail.com Website: ashishindia.org Facebook: facebook.com/ashishfoundation